



Otitis In Dogs

Management in Shelters and Foster Homes

Karen Moriello, DVM, DACVD Clinical Professor of Dermatology University of Wisconsin-Madison Madison Wisconsin, USA



_				
_				
_				
_	 			
_	 	 		
_				
_				



Clinical Picture

Any age, breed or sex

More common in warm weather

More common in dogs with poor husbandry

Conformational risk factors

Pendulous ears

Hair in the canal

Narrowed canals (e.g., shar pei dog)

Breed risks-high prevalence of allergic disease/cornification defects

Advancing animal and human health with science and compassion

4



Clinical Signs

Scratching, rubbing ears

Shaking head

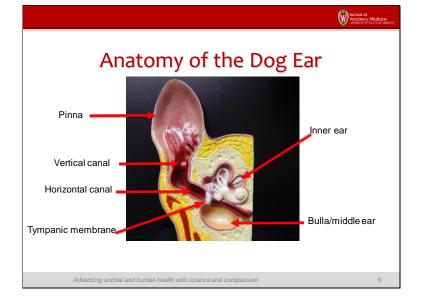
Odd carriage to the head-to the side or head tilt

Odor, exudate, blood

Aural hematoma

Painful ears and associated behaviors

Advancing animal and human health with science and compassion



,			



Advancing animal and human health with science and compassion

School of Veterinary Medicine

Inflammation

Increases volume of secretions in the ear

Creates/contributes to stenosis

Increase in internal temperature

Changes surface of ear canal and environment



Advancing animal and human health with science and compassion

8

School of Veterinary Medicine

Stenosis

Traps ear secretions

Prevents normal 'cleaning of ear canal' Increases humidity in ear

Inflammation-stenosis-more inflammation-even more stenosis Major cause of pain

Prevent topical medications from reaching target area

Can be temporary, if left untreated ear can become fibrotic or even calcified

Advancing animal and human health with science and compassion

•		 		
	,			
•				



Micro-Organisms

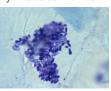
Bacteria alone do not constitute an infection!! Need concurrent clinical signs

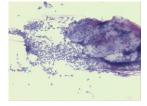
Normal flora (Staphylococcus, Streptococcus, Malassezia)

Bacteria in association with clinical signs

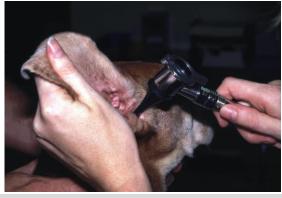
Rods, especially Pseudomonas

Yeast Cocci





Cost Effective Diagnostics



Advancing animal and human health with science and compassion

UNIVERSITY OF WISCONSIN-MADISON

Cost Effective Diagnostics 6/2/2015



Slide for staining Slide in mineral oil (Demodex and Otodectes)

School of Veterinary Medicine Instance of Macon an America

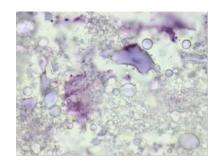
Thumb Rules for Ear Cytology

- Core diagnostic for ear disease
- Interpret in light of whether or not there are clinical signs
- Abnormal findings in the presence of clinical signs need an action plan



School of Verennary Medicine

Typical "normal" debris from "dirty ear"



Advancing animal and human health with science and compassion

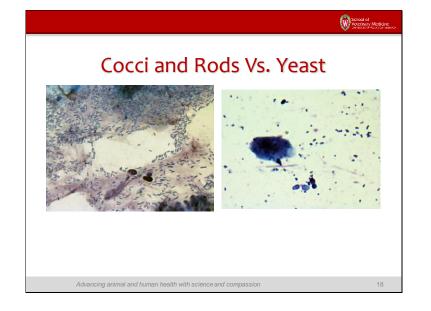


Cytological Specimens

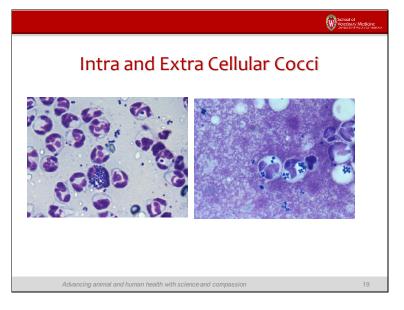
Cellular Samples

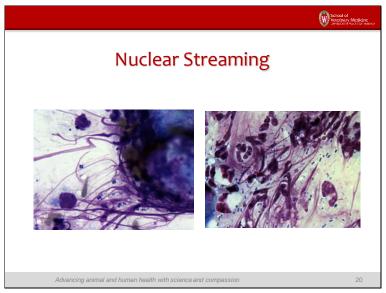
- Neutrophils- assume infection
- Number of organisms-not accurate reflection of severity of infection-what are clinical signs?
- Cocci and/or Yeast only: allergic diseases and primary seborrheic disease
- Rods: worst case scenario is Pseudomonas

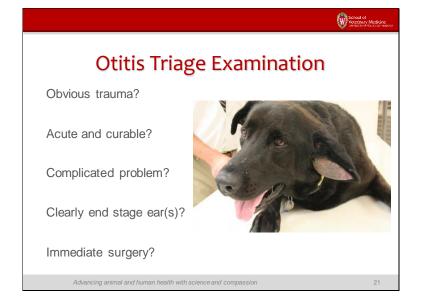
Malassezia Malassezia Advancing animal and human health with science and compassion 17



•				
•				
•		 	 	

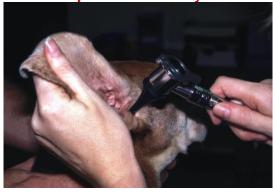








Otoscopic Exam - If you can





Uncomplicated Otitis

Absence of any other clinical signs of skin disease

Young dogs (e.g., ear mites)

Common in warm humid weather

Ears may be painful but palpate normally

Erythema and exudate on pinna but no signs of chronic changes

Responds to conservative treatment; ear cleaning and topic otic ointments

Advancing animal and human health with science and compassion

2



Hair in the Ear Canal

Standard poodles with unilateral congenitally narrowed ear canal

Hair in the external ear canal

- · Hair roots can extend behind the TM
- · Plucking hairs can cause otitis media
- Hairs ringing the TM



,		



One Time Trigger Treatments

Gentle ear cleaning

Combination otic product (antibiotic/antifungal/steroid)

Instill GENEROUS amounts





Complicated Otitis

Obvious clinical signs of skin disease other than otitis

Any age

Ears OBVIOUSLY affected

Painful

Usually bilateral

History and visual exam consistent with chronic otitis

Advancing animal and human health with science and compassion

26



Visual Exam and Palpation



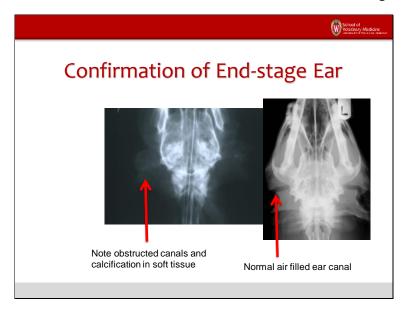


			_
			 _
			_
 	 		 _
			_
	 		 _
			 _
	 		 _
			 _
	 		 _
 			 _
 			 _
			_

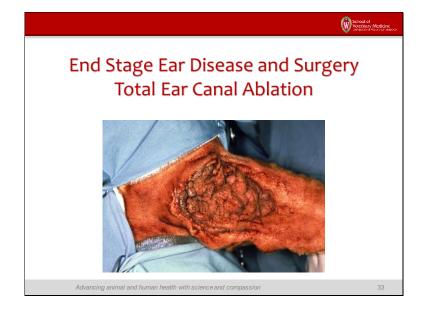




	Veterinary Medicine
Cost Effective Diagnostics	
Diagnostic Imaging	
Radiographs	
CT Scan	
Culture to confirm multi-drug resistance	
Steroid Trial to Decrease Stenosis?	
Advancing animal and human health with science and compassion	30







		'		
,				



The BIG 4 Causes of Chronic Otitis

Obstruction

Undiagnosed infection/resistant infection

Otitis media

Undiagnosed underlying skin disease

Advancing animal and human health with science and compassion

34



#1 Obstruction

Includes but is not limited to:

Result of inflammation

Swelling of canal as a result of underlying skin disease

Mechanical from foreign body

Mechanical from tumor

Breed related

Advancing animal and human health with science and compassion

35



Proliferative Otitis 1 mg/kg orally for 15 to 30 days





Advancing animal and human health with science and compassion















Primary Secretory Otitis Media (PSOM)





Advancing animal and human health with science and compassion

43



#2 Undiagnosed and/or Resistant Infections

- · Can complicate any of the big 4 causes of chronic otitis
- · May result from treatment related complications
- Untreated Malassezia or Candida
- · Cocci-multiple strains, Methicillin resistant isolates
- Rods-especially Pseudomonas
- Multi-drug resistant infections may require TECA for resolution

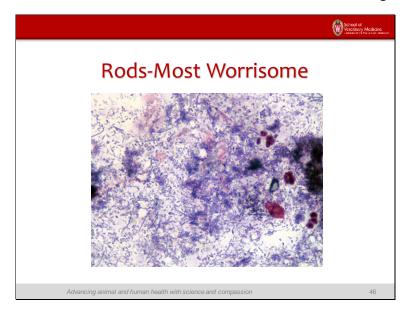
Advancing animal and human health with science and compassion

Advancing animal and human health with science and compassion

44

Number of Organism Does Not Reflect Extent of Infection

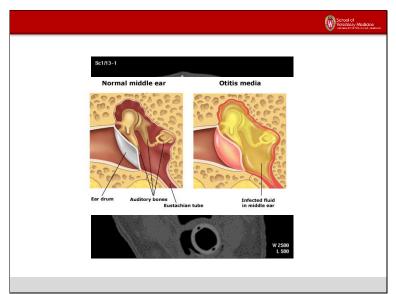
,			,	
,	•		,	
	•	 		
,				
,			,	



















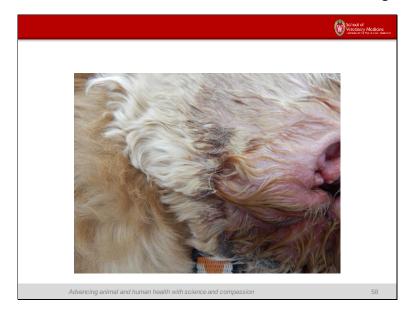
				_
				_
				_
			 	_
			 	_
			 	_





Urgent Treatment Goals Immediate Triage-Is there an end stage ear? Decrease inflammation Decrease mechanical occlusion/swelling Treat micro-organisms Manage pain Coat Hygiene

-			



School of Veterinary Medicine Instance of vaccous-majority

Why Steroids?

Topical Steroid Alone

Equal parts dexamethasone injectable and propylene glycol 10 drops/1 squirt twice daily for 7 days, then once daily for 7 days, then as needed

Combination Product?

What about injectable steroids?

Oral Steroids?

Advancing animal and human health with science and compassion

Reduce Mechanical Occlusion-Ear Cleaning

Is sedation necessary??

Ear Cleaners-instill and allow to work!

Gentle mechanical removal of debris

Clean and massage

Always apply otic steroids post cleaning

Advancing animal and human health with science and compassion

•				
		,		
•				









Treat Micro-Organisms

Routine ear cleaning (with Tris buffered EDTA)

Topical combination antimicrobial with a steroid

Systemic antimicrobials

Monitor via examination and cytology



Advancing animal and human health with science and compassion

64



Address Underlying Trigger

Treatable and curable, e.g., ear mites?

Foreign body

Underlying allergies

Underlying primary disorder of cornification

Advancing animal and human health with science and compassion



Where are foster families needed?

Post surgical care of dogs having TECA

Acute management of seborrheic otitis

Itchy dog work up for dogs with allergic otitis

Acute management into remission of diagnosed allergic otitis

Post myringotomy/middle ear flush

Treatment of dogs with Pseudomonas ear infection

Advancing animal and human health with science and compassion

	School of Veterinary Medicine
School of Veterinary Medicine UNIVERSITY OF WISCONSIN-MADISON Advancing animal and human bealth with science and compassion	
www.vetmed.wisc.edu	
f e in.	
Advancing animal and human health with science and compassion	67

•				